The Indian biochemist, R. Rajalakshmi authored the well-known book *Applied Nutrition*, which made the principles of nutrition relevant to Indian diets — keeping in mind available grains, vegetables, herbs, etc. So, popular was the book that it sold out immediately after publication and both a reprint and a new edition were requested almost immediately. The book included an appendix with the scientific names of the foods with their Hindi versions making it relevant to native speakers.

Info Source: https://thelifeofscience.com/2021/10/07/three-women-scientists-the-evolution-of-indian-science/