



RESEARCH ARTICLE

Missing apolipoprotein E ϵ 4 allele associated with nonamnestic Alzheimer's disease in a Tunisian population

SALOUA FRAY^{1,3*} , AFEF ACHOURI-RASSAS^{1,2,3}, SAMIR BELAL³ and TAIEB MESSAOUD²

¹Department of Neurology, Charles Nicolle Hospital, Tunis, Tunisia

²Biochemistry and Molecular Biology Laboratory, Children's Hospital, Bab Saadoun, 1029 Tunis, Tunisia

³Faculty of Medicine of Tunis, Tunis El Manar University, 15 Rue Djebel Lakhdhar, La Rabta., 1007 Tunis, Tunisia

*For correspondence. E-mail: fray_saloua@yahoo.fr, fraysaloua82@gmail.com.

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Abstract. In this study, we investigate the impact of apolipoprotein E epsilon 4 (APOE ϵ 4) as a major risk factor of Alzheimer's disease (AD), based on the clinical presentation of the disease in our population on the one hand, and comparison of the results with the findings from the literature on the other hand. Our study covered a population of 144 patients versus 90 healthy controls matched with each other in terms of age, gender, age of onset, etc. All patients underwent neurological examination, comprehensive neuropsychological assessment and brain magnetic resonance imaging. Controls were selected based on the neurological examination and the Arabic version of the minimal state examination (MMSE). Patients were classified as probable typical amnestic AD and atypical nonamnestic AD if the patient had logopenic variant primary aphasia, posterior cortical atrophy, behavioural or dysexecutive variants, corticobasal syndrome, nonfluent and semantic variants of primary progressive aphasia associated to biological diagnosis for AB42, Tau and Ptau biomarkers in the cerebrospinal fluid. Genotyping was performed using the polymerase chain reaction restriction fragment length polymorphism (PCR-RFLP) method. The study of the allelic frequency of APOE in cases and controls show that APOE ϵ 4 is associated with an increased risk for AD ($P = 0.002$). We observed that the distribution of APOE ϵ 4 within the AD group differs depending on the phenotype. Nonamnestic AD was more common in patients not carrying APOE ϵ 4 (APOE ϵ 4 (-)) compared to carriers of homozygous or heterozygous APOE ϵ 4 (APOE ϵ 4 (+)) ($P = 0.038$). In addition to its known effect as a major risk factor, we found that patients with AD are APOE ϵ 4 negative, they show cognitive decline in nonmemory domains (language, behaviour, attention, executive and visuospatial functions).

Keywords. Alzheimer's disease; genetic analysis; apolipoprotein E; Tunisian population; neurodegenerative disease.

Introduction

Alzheimer's disease (AD) is the most common form of dementia. It is a chronic progressive neurodegenerative disease characterized by memory loss and deficits in other cognitive abilities, among which typically the impairment of anterograde episodic memory. A small number of patients show focal cortical symptoms, such as impaired visuospatial function, language, or executive function, while memory remains preserved for some time (van der Flier *et al.* 2011; Warren *et al.* 2012). This nonmemory phenotype is seen in roughly a quarter of patients (Snowden *et al.* 2007). Evidence from a twin study showed that the heritability for AD was 60–80% (Gatz *et al.* 2006). Most cases of early-onset AD are caused by mutations in the amyloid precursor protein (APP), presenilin 1 (PSEN1), and presenilin 2 (PSEN2)

genes (Goate *et al.* 1991; Sherrington *et al.* 1995; Levy-Lahad *et al.* 1995). Genomewide association studies (GWAS) identified susceptibility loci for late-onset AD. Among them, the APOE gene is the strongest risk factor for late-onset AD. The APOE gene is located on chromosome 19q13.2 with a total of 3597 bases with four exons and three introns, and the gene has three major alleles ("2, "3, and "4). Apolipoprotein E (APOE), a lipid transport protein in plasma and central nervous system, is the major risk factor for AD which has been shown to modify the clinical presentation and rate of cognitive decline in AD (van der Flier *et al.* 2011). Human APOE isoforms modulate AD pathogenesis primarily through their differential effects on A β clearance and aggregation but they affect multiple pathways that are not necessarily dependent on A β . The mechanism can be a gain of toxic function or a loss of physiological

function (Yamazaki *et al.* 2019). It puts forward the hypothesis that *APOE* $\epsilon 4$ allele status is a driving factor for differences in the manifestations of the disease and the conflicting results regarding the influence of *APOE* $\epsilon 4$ which remains unclear (Smits *et al.* 2015). Thirty-eight per cent of patients with AD pathology under the age of 60 (Balasa *et al.* 2011), and 25% of all AD patients (Whitwell *et al.* 2012), do not complain of early memory loss, but instead express other cognitive complaints and can be referred to as atypical presentations of AD. Less is known about the role of the *APOE* genotype in patients with atypical AD. Studies have found varying results concerning the *APOE* $\epsilon 4$ allele frequency in atypical AD. Some researchers have found that the frequency of the *APOE* $\epsilon 4$ allele is lower in logopenic progressive aphasia and posterior cortical atrophy compared to typical AD (Mesulam *et al.* 1997; Schott *et al.* 2006; van der Flier *et al.* 2006; Rogalski *et al.* 2011; Josephs *et al.* 2014; Phillips *et al.* 2019) although others have observed similar frequencies, particularly between posterior cortical atrophy and typical Alzheimer's dementia (Tang-Wai *et al.* 2004; Lehmann *et al.* 2013; Carrasquillo *et al.* 2014).

We aimed to verify whether *APOE* $\epsilon 4$ is a major risk factor for AD in our Tunisian population as it was proven in previous studies (Rassas *et al.* 2012) and to investigate AD phenotype (amnesic versus nonamnesic AD) depending on *APOE* $\epsilon 4$ status, especially since only a few studies examined the impact of *APOE* genotype in north African mediterranean Arab AD patients.

Materials and methods

Subjects

Our study made use of the data collected during the period 2014–2016 at the memory consultation of the neurology department which involved 234 subjects: 144 AD patients and 90 healthy controls matched for age and education to the group. Using structured interview of the patient and caregiver, we reviewed relevant aspects such as past medical history, age of onset, initial clinical expression, etc. All patients underwent neurological examination and at least two annual comprehensive neuropsychological assessments. All patients underwent brain magnetic resonance imaging (MRI), and laboratory blood tests to rule out nondegenerative causes of cognitive impairment. Structural brain MRI with cerebral coronal section T1 was performed to rule out others diagnosis of dementia, to study qualitative hippocampus atrophy according to the scale of Scheltens and to show other lobar atrophy. Reliable and standardized neuropsychological tests in conformity with the local cultural standards and normative data scores were used. This included the Mini Mental State Examination (MMSE), the Alzheimer's disease Assessment Scale Cognitive subscale, Frontal Assessment Battery, Geriatric Depression Scale, Instrumental Activities of Daily Living scale, and the Clinical Dementia Rating (Bellaj *et al.*

2008; Attia Romdhane *et al.* 2008). The neuropsychological assessment showed affected cognitive domains like attentionnel process, episodic memory, executive function, visuospatial function, praxis, gnosis, language and behavioural disorders. At the time of their inclusion in the study, all patients had already cognitive disorder with deficits involving memory and other cognitive abilities notwithstanding their amnesic or nonamnesic phenotype. Patients were classified according to initial clinical presentation and evolution of neuropsychological assessment in typical amnesic AD form and atypical nonamnesic form. Dementia diagnosis was established by a team of trained neurologists and neuropsychologists using Diagnostic and Statistical Manual of Mental Disorders 5th edition (DSM-5) criteria (American Psychiatric 2013) in amnesic AD group (amnesic syndrome of hippocampal type) and clinically associated with CSF biomarkers in the nonamnesic AD group. The nonamnesic AD group is defined by clinicobiological criteria. We retained nonamnesic AD or atypical AD presentation when the initial neurocognitive impairment was primary progressive aphasia variants (leugopenic, non-fluent and semantic), posterior cortical atrophy, psychiatric and behavioural (frontal AD) or dysexecutive variants and corticobasal syndrome (Dubois *et al.* 2021). Although episodic memory loss was present, it was not the initial and the most prominent sign. Over a year of clinical and psychologic follow-up period, patients with a nonamnesic clinical expression did not fulfill diagnostic criteria for another neurocognitive disorder. All patients underwent neurological exam and numerous neuropsychological evaluations. Further, the biological diagnosis for AB42 and Tau biomarkers in the cerebrospinal fluid (CSF) shows decrease in $A\beta$ 42 levels below 500 pg/mL and increase in tau levels above 350 pg/mL in nonamnesic AD patients. Control group members have been recruited from primary care centres. They have been subjected to an anamnestic survey including personal and family history, a neurological examination, and a neuropsychological assessment based on the MMSE (Bellaj *et al.* 2008), and only those subjects with a normal neurological examination and an MMSE score above 26 points, and no personal or familial psychiatric or cognitive impairment, and alcohol or drug abuse history have been considered as normal subjects and included in the study. All subjects or their custodians provided informed consent to participate in the study. The research protocol was approved by the local Research Ethics Committee

Biological analysis

A 5-mL sample of peripheral blood was collected and DNA was extracted using the salting out procedure (Miller *et al.* 1988). *APOE* was genotyped as described (Hixson and Vernier 1990). CSF was collected by standardized lumbar puncture in plastic (polypropylene) tubes. The CSF samples were centrifuged at 3000 g at 4°C for 10 min and

Table 1. Baseline characteristics of the study population.

| | Patients with AD (<i>n</i> =144) | Controls (<i>n</i> =90) |
|----------------------------|--------------------------------------|-----------------------------|
| Mean of age (years) | 70.14 (± 10.44) | 69.13 (± 14.56) |
| Mean age at onset (years) | 66.79 (± 9.04) | |
| Late onset AD (>65 years) | 70.8% | – |
| Early onset AD (<65 years) | 29.2% | – |
| Sex ratio | 0.71 | 0.45 |
| Mean MMSE | 19.16 (± 8.08) | – |
| Typical AD | 68.5% | – |
| Atypical AD | 31.5% | – |

immediately deep frozen and stored at -80°C pending biochemical analyses. CSF A β 42 and t-Tau were measured separately by commercially available ELISA kits (Invitrogen, USA).

Statistical analysis

Data were entered and analysed using Statistical Package for Social Sciences IBM-SPSS 20. The Student *t*-test was used for continuous variables, allele and genotype distributions in patients and controls, which were compared using χ^2 test. A *P* value less than 0.05 was considered statistically significant.

This work is part of research work on the genetics of Alzheimer's disease, which has received the approval of the local ethics committee at Bechir Hamza Children's Hospital (Tunis, Tunisia) (approval number 10/2021).

Results

The assessment involved 144 AD patients and 90 controls. The mean age was 69.13 (± 14.56) years for the normal controls and 70.14 (± 10.44) years for the AD group. The gender distribution found a sex ratio of 0.71 for AD patients and 0.45 for controls. There was no statistically significant difference in age and gender between the two groups. The mean MMSE was 19.16 (± 8.08) in the AD group (table 1). The affected cognitive domains in both amnesic and non-amnesic groups are shown in table 2. The neuropsychological assessment of different cognitive functions showed episodic memory dysfunction in both groups with a higher frequency in amnesic AD group. Patients with nonamnesic AD had more disorders in executive functions (language, gnosis and behaviour) than patients with amnesic AD. Structural brain MRI evaluated hippocampus atrophy by Scheleten score (when score was greater than or equal to 1 interpreted by radiologist taking age into account) showed atrophy in 58% of patients with amnesic AD, as opposed to 95% of nonamnesic AD who had no hippocampus atrophy (*P* = 0.000). CSF biomarkers was performed in

Table 2. Neuropsychological profil of patients with amnesic and nonamnesic AD.

| | Amnesic AD % (<i>n</i> =99) | Nonamnesic AD % (<i>n</i> =45) |
|---------------------------------|---------------------------------|------------------------------------|
| Altered attentional process (%) | 68% | 50% |
| Episodic memory dysfunction | 100% | 80% |
| Dysexecutive syndrome | 60% | 70% |
| Language disorders | 60% | 70% |
| Altered praxis | 60% | 70% |
| Altered gnosis | 20% | 40% |
| Depression | 45% | 40% |
| Behavioural disorders | 30% | 70% |

nonamnesic AD patients. The mean A β 42 was 349.53 \pm 170.51 pg/mL, the mean Tau was 421,62 \pm 99, 06 pg/mL.

APOE $\epsilon 3/\epsilon 3$ is the most common genotype in both groups with a higher frequency in controls (71.1% versus 54.2%). The genotypic distribution table shows that APOE $\epsilon 4/\epsilon 4$ is more frequent in AD group (11.1% (*n* = 16)) than in controls, three of which only carried this genotype. The comparison of the six APOE genotype frequencies among patients and control groups showed a significant difference (*P* = 0.038) (table 3). The study of the allelic frequency of APOE in cases and controls shows that APOE $\epsilon 4$ is associated with an increased risk for AD and the association is statistically significant (*P* = 0.002) (table 3). With respect to APOE status, 80% of amnesic AD patients carry APOE $\epsilon 4$, while 61.8% do not have APOE $\epsilon 4$. No difference was observed in mean age, gender and mean MMSE between the two subgroups. In addition to the known effect of APOE $\epsilon 4$, we observed that the distribution of APOE $\epsilon 4$ within the AD group differs depending on the phenotype. Nonamnesic AD was more common in patients not carrying APOE $\epsilon 4$ (APOE $\epsilon 4$ (–) negative) (38.2%) compared to carriers of homozygous or heterozygous APOE $\epsilon 4$ (APOE $\epsilon 4$ (+) positive) (20%). This association is statistically significant (*P*=0.038) (table 4).

Discussion and conclusion

Our study confirms the already established role of APOE $\epsilon 4$ as a risk factor for AD both in literature and in Tunisian population (Rassas *et al.* 2012). Our results showed a significant correlation between $\epsilon 4$ allele frequency and probable AD. The allelic frequency $\epsilon 4$ was higher in the AD group (25.3%) compared to the controls group (11.7%), this association is in favour of a significant correlation with *P* value at 0.002 (*P* = 0.002). The association of the absence of APOE4 with the nonamnesic form is the main finding of our study. Among patients in the AD group (*n* = 144), 68.5%

Table 3. Comparison of the frequency distribution of *APOE* genotypes and alleles in the cases and control groups.

| | E3/E3 | E3/E4 | E3/E2 | E4/E4 | E4/E2 | E2/E2 | <i>P</i> value | E3 | E4 | E2 | <i>P</i> value |
|------------|--------|--------------|-----------|--------------|------------|-------|------------------|--------|--------|-------|----------------|
| Controls | 64 | 14 | 7 | 3 | 1 | 1 | $\chi^2 = 11.76$ | 149 | 21 | 10 | $\chi^2 = 13$ |
| | 71,10% | 15,60% | 7,80% | 3,30% | 1,10% | 1,10% | $P = 0.038$ | 82,80% | 11,70% | 5,60% | $P = 0.002$ |
| Patients | 78 | 38 | 9 | 16 | 3 | 0 | | 203 | 73 | 12 | |
| | 54,20% | 26,40% | 6,20% | 11,10% | 2,10% | 0,00% | | 70,50% | 25,30% | 4,20% | |
| Odds ratio | – | 2.22 | 1.05 | 4.37 | 2.46 | 0.00 | | | | | |
| IC | – | 1.11–4.46 | 0.37–2.98 | 1.22–15.68 | 0.25–24.23 | – | | | | | |
| <i>P</i> | – | 0.024 | 0.92 | 0.023 | 0.44 | 1 | | | | | |

$P < 0.05$ is significant. In this table E3/E4 and E4/E4 genotypes constitute risk factor for AD.

Table 4. Comparison of *APOE* genotypes in amnesic and nonamnesic AD.

| | Amnesic AD (68.5%) | Nonamnesic AD (31.5%) | <i>P</i> value | Odds ratio | IC | <i>P</i> |
|----------|--------------------|-----------------------|-------------------------------|------------|------------|--------------|
| APOE 4 – | 61,80% | 38,20% | $P = 0.038$ | 0.404 | 0.162–1.01 | 0.052 |
| APOE 4 + | 80% | 20% | $\chi^2 = 3.88$ | | | |
| E2/E3 | 16,70% | 83,30% | | | | |
| E2/E4 | 100% | 0% | | | | |
| E3/E3 | 66,10% | 33,90% | | | | |
| E3/E4 | 84,60% | 15,40% | | | | |
| E4/E4 | 67, 3% | 32,70% | | | | |

$P < 0.05$ is significant. In this table the difference in the two AD groups is significant with E4 genotypes carriers and noncarriers.

had an amnesic form and 31.5% had a nonamnesic form. Patients who did not carry *APOE* $\epsilon 4$ developed nonamnesic AD in 38.2% of cases. Our results showed the correlation of this phenotype (non-memory AD) with the absence of the $\epsilon 4$ allele ($P = 0.038$). Whereas those carrying one or two $\epsilon 4$ alleles presented typical AD (memory form) in 80% of the cases. Apolipoprotein E $\epsilon 4$ gene as a risk factor for AD has been shown to modify clinical presentation (van der Flier *et al.* 2011). However, its influence is less clear. The study of the effect of *APOE* on global cognitive disorders has ended up in conflicting results according to some studies (Kleiman *et al.* 2006; Tschanz *et al.* 2011). Our study aimed at analyse the influence of *APOE* status on cognitive domains other than memory in a Tunisian sample population with AD. We found that when AD patients are *APOE* $\epsilon 4$ negative, they show cognitive decline in nonmemory domains (language, behaviour, attention, executive and visuospatial functions). Smits *et al.* (2015) found that *APOE* $\epsilon 4$ negative patients decline faster than *APOE* $\epsilon 4$ positive in the language. Recently Whitwell *et al.* (2021) found that typical AD showed higher *APOE* $\epsilon 4$ frequencies than atypical AD only aged between 57 and 69 years (Whitwell *et al.* 2021). Our results partly agree with those studies compared to the correlation of the absence of *APOE* $\epsilon 4$ with impairment of cognitive domains other than memory. This finding is in line with the observation that *APOE* $\epsilon 4$ negative patients are associated with a nonmemory profile in an AD Tunisian sample population.

As concerns, the relationship between *APOE* and amyloid pathways, pathological studies of post-mortem brain tissue from AD patients have found that *APOE* $\epsilon 4$ exacerbates the intraneuronal accumulation of $A\beta$ (Christensen *et al.* 2010), plaque deposition in the brain parenchyma (Tiraboschi *et al.* 2004; Kok *et al.* 2009), formation of neurotoxic $A\beta$ oligomers and the severity of cerebral amyloid angiopathy (Rannikmäe *et al.* 2014; Shinohara *et al.* 2016). Imaging studies have shown that *APOE* $\epsilon 4$ is consistently associated with greater $A\beta$ deposition in the brains. A longitudinal study also showed that *APOE* $\epsilon 4$ carriers present increased $A\beta$ deposition in the cortex compared with *APOE* $\epsilon 4$ non-carriers (Mishra *et al.* 2018). Some studies evoke that genetic profile leads to the distribution of pathology and suggest a region-specific biological effect of the $\epsilon 4$ allele in the brains of AD patients; it has been shown that *APOE* $\epsilon 4$ negative patients have more frontal and parietal atrophy, while *APOE* $\epsilon 4$ positive patients had more temporal and hippocampal atrophy (Geroldi *et al.* 1999; Pievani *et al.* 2009). Further, previous studies have shown that *APOE* $\epsilon 4$ negative patients with early-onset AD are at high risk of developing global brain atrophy compared to *APOE* $\epsilon 4$ positive patients with late-onset AD who had more pronounced hippocampal atrophy (Sluimer *et al.* 2008). Using Pittsburg compound B and fluorodeoxyglucose PET scans, Ossenkoppele *et al.* (2013) found a reversed *APOE* $\epsilon 4$ dose effect amyloid deposition in the frontal lobe, whereas *APOE* $\epsilon 4$ carriers' hip was associated with more profound

metabolic impairment in posterior parts of the cortex (Ossenkoppele *et al.* 2013). Many studies showed that the presence of more *APOE* $\epsilon 4$ alleles results in increased hippocampal atrophies on AD (Saeed *et al.* 2018). Recently, Foo *et al.* (2021) showed associations between AD polygenic risk scores, constructed using genomewide significant AD risk variants, and hippocampal subfield volumes and that this association was driven by the single-nucleotide polymorphisms (SNPs) in the *APOE* locus (Foo *et al.* 2021). Others found that the rate of decline of hippocampal parenchymal fraction in *APOE* $\epsilon 4$ carriers was significantly faster than in noncarriers (Ardekani *et al.* 2020). The Papez circuit was first described as the anatomic basis of emotion. Subsequent studies consolidated recognition of its limbic activities but showed a more important role in memory. Much attention has been devoted to characterize *APOE* $\epsilon 4$ related changes in the hippocampus, but AD pathology is known to spread through the whole of the Papez circuit. Other studies demonstrate changes in the structural association between hippocampal formation and thalamo–striatal connections occurring in mild cognitive impairment *APOE* $\epsilon 4$ carriers. These findings suggest that the $\epsilon 4$ allele may affect specific regional atrophy process (thalamus, hippocampus) and that both regions had a strong structural covariance association with the left caudate nucleus. Also there is a dose-dependent effect of the *APOE* genotype on the regional brain atrophy (Novellino *et al.* 2019). Despite its very important role as a major risk factor for Alzheimer’s disease, all AD patients do not carry *APOE* $\epsilon 4$. This suggests that there exist other environmental and genetic factors involved in the genesis of AD which could explain the phenotypic variations. Fan *et al.* (2019) focus on the influence of genetic factors, including the *APOE* gene, the interaction between *APOE* and other genes, and the polygenic risk factors for cognitive function and dementia. They also describe the effects of the associations between *APOE* and other genetic risk factors on cognition and the brain that exhibit a complex gene–gene interaction, and consider the importance of using a polygenic risk score to investigate the association between genetic variance and phenotype (Fan *et al.* 2019). Although the *APOE* gene explains partly the genetic risks associated with AD, other genes may still modify the *APOE* $\epsilon 4$ effect (Martínez *et al.* 2009).

The association between genetic predisposition and neuropsychological phenotype highlighting *APOE*’s involvement in AD cognitive profile is among the strengths of our study. All the more so it covered an ethnic group that was not sufficiently studied, i.e. North African Mediterranean Arab population. But on the other hand, our study remains limited due to the small size of our population and the lack of correlation between *APOE* and other parameters involved in the pathophysiology of AD, particularly the levels of A-beta and tau. Going deeper in the study of this association and enlarging the size of the study population shall constitute an indisputable opportunity for better understanding and explaining the physiopathology of AD. In conclusion, we

confirm that *APOE* $\epsilon 4$ is a major risk factor for AD based on the studied Tunisian case–control population, made up of a representative sample of 144 patients versus 90 controls, which leads us to conclude that *APOE* $\epsilon 4$ negative AD patients are associated with the nonmemory profile. This conclusion corroborates numerous observations concluding that *APOE* $\epsilon 4$ negative patients are associated with a non-amnesic profile.

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Authors’ contributions

SF: study concept and design, acquisition of data, analysis and interpretation; AAR: genetic analysis; SB: study supervision; TM: study supervision.

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